NATIONAL MENTAL HEALTH CONSUMER ALLIANCE

National Mental Health Consumer Alliance

Annual Report 2025-2026



A consumer-led national voice, built from the ground up using Human Rights, grassroots leadership, and the power of lived experience to reimagine mental health in Australia.

The Alliance would like to thank the mental health consumers who have given their consent to use their images in this report. Nothing about us without us

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Australia's National Voice for Mental Health Consumers

We are the National Mental Health Consumer Alliance – also known as the Alliance or NMHCA – Australia's national peak body for people with lived experience of mental health challenges. We don't just advocate for change – we lead it.

With our federated network of state and territory peaks, we're reshaping the system from the ground up, ensuring that lived expertise drives every decision that affects our lives.

Amplifying the voice of mental health consumers

We believe in the power of lived experience to drive meaningful change. Our work is grounded in principles of the mental health consumer movement promoting self-determination, human rights, and social justice.

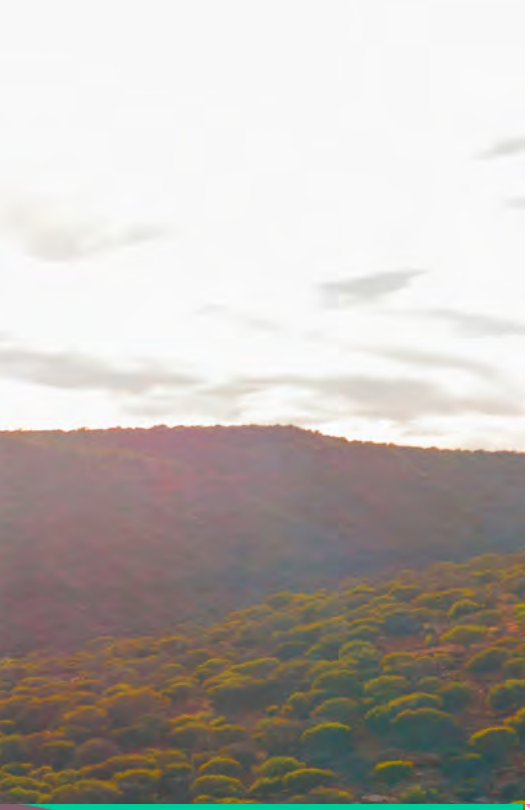
What we do

As Australia's federated mental health consumer peak body, we unite the strength of lived experience across the country. We work to ensure that our voices are not just heard but lead the way – at every table where mental health policies, services, and research are shaped. We collaborate, we disrupt, we transform – and we do it with integrity, transparency, and community.









The National Mental Health Consumer Alliance works in solidarity with the Indigenous Australian Lived Experience Centre, recognising the critical leadership of First Nations peoples in truth-telling, healing, and social and emotional wellbeing.





Acknowledgement of Country

The National Mental Health Consumer Alliance acknowledges the Traditional Custodians of the lands and waters across Australia where we live, work, and advocate.

We pay our deepest respects to Aboriginal and Torres Strait Islander peoples, and to their Elders past and present. We acknowledge that First Nations lived experience is inseparable from the impacts of colonisation, dispossession, racism, and structural inequity. These ongoing injustices must be named, understood, and addressed.

The National Mental Health Consumer Alliance works in solidarity with the Indigenous Australian Lived Experience Centre, recognising the critical leadership of First Nations peoples in truth-telling, healing, and social and emotional wellbeing.



From the CEO: Federated Leadership, Sector Allyship

The 2025–2026 financial year was the year the Alliance stopped proving it could exist and started proving it could lead.

Twelve months ago, we were still laying foundations. This year we grew into them. We now have a consumer peak body in every state and territory, with Lived Experience Northern Territory joining the Alliance family. Our team expanded to include dedicated partnerships, research, and communications expertise, and we invested in the systems which a maturing organisation needs – all while remaining proudly remote and federally grounded. The additional mid-year funding commitment the Alliance received from the government confirmed what our members and mental health consumers already knew - the Alliance is necessary and credible.

What we achieved together was built on the leadership of people with lived experience. Eight Consumer Advisory Groups and eight Affinity Groups turned local priorities into national campaigns – from putting "LIVED EXP" on the Census to sitting across the table from the federal Health Minister and providing him with advice. Our Consumer-Led Conversations webinars reached more than a thousand viewers and continue to grow through our recordings. We published our first position paper calling for a psychosocial supports program designed, delivered, and governed by consumers. We ensured consumer voices shaped the Productivity Commission's review of the National Agreement – not from the sidelines, but at the centre.

Just as significant is the work we did to start drawing a line under the harms consumers endure. We released the first consumer-led National Mental Health Human Rights Report. We advanced Making Rights Real – putting the UNCRPD into practice through co-designed alternatives to clinical triage. And we secured funding that will allow us to lay the foundations for eliminating coercive practices in mental health settings by developing a national Blueprint for Change. These are not abstract commitments - they are funded, staffed programs with timelines and consumer governance.



The Alliance ended the year by launching our new colourful logo and brand positioning. While our look has changed, our purpose remains the same: uniting the strength of mental health consumer lived experience across the country to shape policies, services and research.

Looking ahead, the Alliance carries three things that can't be taken for granted: the trust of consumers across the country, a federated model that keeps power close to the ground, and the establishment of the Australian Association of Peer Workers – a milestone for peer work as a profession and a promise that the workforce will be built by the people who know it best.

The year ahead is about turning that position into permanence: embedding consumer leadership in the next National Agreement, growing the evidence base for what works, and holding the system to account for the rights and dignity of every mental health consumer it's meant to support.

Priscilla Brice (they/she)
CEO – National Mental Health Consumer Alliance

“Looking ahead, the Alliance carries three things that can't be taken for granted: the trust of consumers across the country, a federated model that keeps power close to the ground, and the establishment of the Australian Association of Peer Workers – a milestone for peer work as a profession and a promise that the workforce will be built by the people who know it best.”

Interim Chairperson's Message: Strong Foundations, Clear Purpose

This past year marks an important point in the Alliance's development. We have moved beyond the establishment phase and into a stronger, more confident chapter as a credible, genuinely consumer-led national organisation.

Over the year, the Alliance has continued to strengthen the foundations that matter most: good governance, clear strategic direction, and a federated model that places State and Territory mental health consumer peaks at the centre of our work. This model remains one of our greatest strengths, ensuring that our national voice is grounded in the leadership, priorities and lived expertise of mental health consumers across Australia.

There is much to acknowledge with pride. The Alliance finalised and began implementing its Strategic Plan 2026-2028, progressed its Theory of Change and Outcomes Framework for a consumer-led mental health system, and continued to advocate for meaningful reform through the next National Mental Health and Suicide Prevention Agreement. We also strengthened key sector-building efforts, including our ongoing allyship with the Indigenous Australian Lived Experience Centre, support for the establishment of the Australian Association of Peer Workers, and the admission of Lived Experience Northern Territory as a member of the Alliance. At the same time, the Board and national office have focused on maturing the Alliance's governance, management and performance systems to support sustainable growth and stronger outcomes for consumers.



Leilani Darwin - current Interim Chairperson and
Mathew Fagan - previous Chairperson

In August 2026, the Alliance farewelled its first independent Chairperson - Mathew Fagan – as he stepped down from this role. We would like to thank Mathew for his role in stewarding the Alliance through its establishment phase and helping build a durable, credible and genuinely consumer-led federated Alliance. In the same month Darren Munday stepped down as the Alliance's Finance, Risk, Audit and Governance (FRAG) Committee Chairperson and handed over this role to Jenny Summerville. We are grateful to Darren for overseeing the Alliance's financial integrity, risk management, internal controls, and regulatory compliance from 2024 to 2026.

As the Alliance enters its next phase, it does so with strong foundations and a clear sense of purpose. With lived expertise at the centre, and a continuing commitment to human rights, peer workforce development, and the pursuit of alternatives to systems that are not delivering for mental health consumers, the Alliance is well placed to keep driving meaningful change.

Leilani Darwin (she/her)
Interim Chairperson
– National Mental Health Consumer Alliance

> “With lived expertise at the centre, and a continuing commitment to human rights, peer workforce development, and the pursuit of alternatives to systems that are not delivering for mental health consumers, the Alliance is well placed to keep driving meaningful change.”



From left to right: Priscilla Brice: National Mental Health Consumer Alliance, Caoimhe Hanrahan-Lawrence: Indigenous Australian Lived Experience Centre and Katrina Armstrong: Mental Health Carers Australia



National Mental Health Peak Bodies Working Side by Side

The three Lived Experience peak bodies worked closely together during the year to advocate for Lived Experience inclusion in the next National Mental Health and Suicide Prevention Agreement.

Together we provided evidence to the Productivity Commission, delivered joint statements to Ministers and government departments, and collaborated on shared positions. This has led to a more united and powerful Lived Experience sector.

Meet our Board



Leilani Darwin
(she/her)
Interim Chairperson
Started 15/04/2025



Vrinda Edan
(she/her)
Board Director, Interim Deputy Chairperson
Started 12/11/2024



Jenny Summerville
(she/her)
Board Director, FRAG Committee Chairperson
Started 08/03/2026



Paul Thompson
(he/him)
Board Director
Started 26/02/2025



Louisa Salee
(she/her)
Independent Board Director
Started 15/04/2025



Tash Smyth
(she/her)
Board Director
Started 13/11/2023



Simon Katterl
(he/ him)
Board Director
Started 08/11/2025



Darren Munday
(he/him)
Board Director
Started 13/11/2023

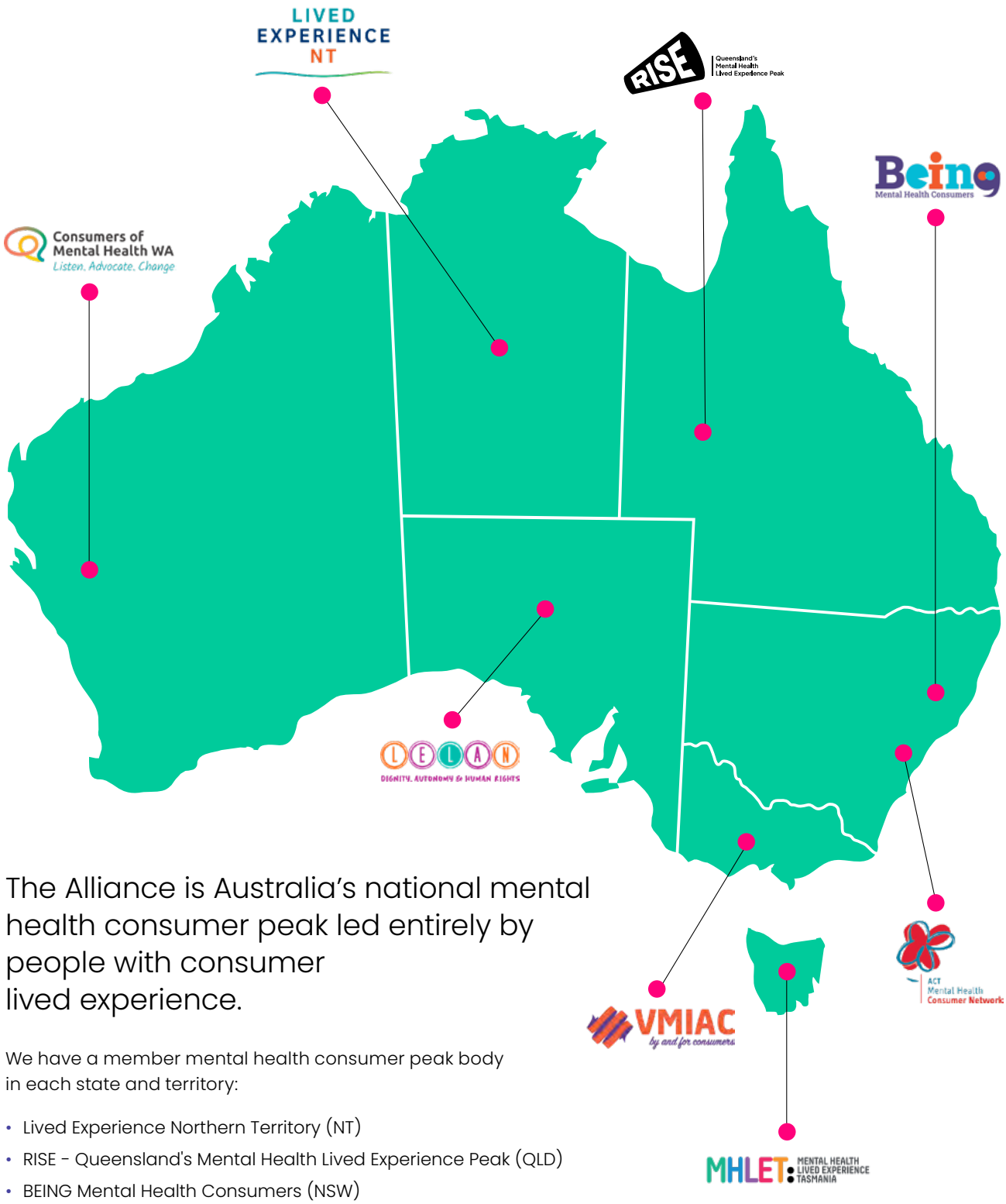


Giancarlo de Vera
(they/them)
Board Director
Started 12/11/2024



Ellie Hodges
(she/her)
Board Director
Started 13/11/2023

Meet our Members



The Alliance is Australia's national mental health consumer peak led entirely by people with consumer lived experience.

We have a member mental health consumer peak body in each state and territory:

- Lived Experience Northern Territory (NT)
- RISE - Queensland's Mental Health Lived Experience Peak (QLD)
- BEING Mental Health Consumers (NSW)
- ACT Mental Health Consumer Network (ACT)
- Mental Health Lived Experience Tasmania (TAS)
- VMIAC (VIC)
- Lived Experience Leadership and Advocacy Network (SA)
- Consumers of Mental Health Western Australia (WA)

Progressing our Strategic Plan

In the previous annual report, the Alliance launched its inaugural strategic plan. We are now pleased to be able to report on our progress against many of the strategic goals in this plan:

1. **Productivity Commission's review of the National Mental Health and Suicide Prevention Agreement (Strategic goal A4):** The Alliance met with the Productivity Commission several times during their review of the Agreement, and we were very pleased to see that many of our recommendations were reflected in both the Interim and Final Productivity Commission Reports. The Alliance will build on those reports as we continue our advocacy for the next Agreement.

2. **Securing a grant to establish an association for mental health and suicide prevention peer workers (Strategic goal B3):** The Alliance's successful grant application to auspice the first 2.5 years of the Australian Association of Peer Workers was a huge step forward for our peers across the country, as well as the Alliance's strategic deliverables to support peer workers.

3. **Assisting the Northern Territory Lived Experience Network (NTLEN) to establish itself as a body under the Corporations Act and continue its work as a peak body in the Northern Territory. (Strategic goal C5):** NTLEN – now known as Lived Experience NT (LENT) - became a Company Limited by Guarantee during the financial year. The Alliance provided the organisation with funding to continue to support their Consumer Advisory Group and recruit an inaugural CEO.

4. **Providing assistance to the state and territory mental health consumer peaks in each jurisdiction to continue their Consumer Advisory Groups and Affinity Groups (Strategic goal C5):** The Alliance hosted a range of webinars during the 2026 calendar year, showcasing the work of the Consumer Advisory Groups and Affinity Groups across the country. The Alliance provided ongoing support to ensure these groups' advocacy work was successful.

5. **Advocating for people with psychosocial disability (Strategic goal A1):** The Alliance published its first position paper in November 2025, calling for a Psychosocial Supports program that would be co-designed, co-delivered and co-governed by mental health consumers. This paper was well-received and considered alongside several other position papers and models that had been put forward by academics, think tanks, and peak bodies.







Proudly Making an Impact

Our highlights:

1. **Consumer-Led Human Rights Report:** Published Australia's inaugural National Mental Health Human Rights Report to translate consumer evidence into an actionable agenda focused on dignity, autonomy, and freedom from coercion.
2. **Inaugural Psychosocial Supports Position Paper:** Released the Alliance's first position paper in November 2025, proposing a nationally consistent support model co-designed, co-delivered, and co-governed by mental health consumers.
3. **"Making Rights Real" Co-Design Outcomes:** Partnered with Community Mental Health Australia (CMHA) and 16 community co-designers to produce 7 practical resources, including the consumer-designed Warm Entry framework.
4. **Shaping the National Agreement Review:** Gathered input from over 200 consumers via our national survey and sensemaking sessions, ensuring consumer priorities directly influenced the Productivity Commission's review.
5. **Complete National Federated Footprint:** Admitted Lived Experience Northern Territory (LENT) as an official member, ensuring a consumer-led peak body in every Australian state and territory influences the Alliance's work.
6. **National Webinar Engagement:** Reached over 1,000 viewers across 6 Consumer-Led Conversations webinars in 2026, providing a national platform for local projects.
7. **Secured grant to develop Blueprint to eliminate coercive practices:** Secured a Disability Representative Organisations grant to develop a national, consumer-led Blueprint for Change aiming to eliminate seclusion, restraint, and involuntary treatment.
8. **Establishment of the AAPW:** Launched the Australian Association of Peer Workers in June 2026 to strengthen the workforce, advocate for the recognition, rights, fair conditions and the influence peer workers deserve.
9. **Published 4 position papers on the following topics:** Commonwealth Human Rights Act; artificial intelligence in mental health settings; bigotry, vilification and discrimination; and psychosocial supports – all contributing directly to government policy decision-making.
10. **Made 11 submissions on topics** ranging from health systems, the budget, the NDIS, Human Rights, the National Mental Health and Suicide Prevention Agreement and the Disability Discrimination Act.
11. **History of the Consumer Movement:** began comprehensive research into the first national Consumer Movement History Timeline spanning two centuries - launching online in October 2026.



From Start-Up to Trusted National Voice

The 2025–2026 financial year was only the second year of the Alliance's operations, yet the organisation delivered at a scale well beyond its tenure

Governance and membership

The Board welcomed new leadership with Simon Katterl, as the newly appointed CEO of Mental Health Lived Experience Peak Queensland (MHLEPQ, now called RISE), and soon after the close of the financial year - the Board farewelled Mathew Fagan as the inaugural Chairperson of the Board.

Jenny Summerville was welcomed to the Board with the Northern Territory peak formally joining the Alliance. The Alliance now has a consumer-led member organisation in every Australian jurisdiction – a milestone that completed our national footprint and strengthened our federated model.



The Alliance Team

Team and capability

The national office grew from a small founding team to include dedicated partnerships, communications, research, and executive support functions. Key appointments included a National Partnerships Manager, a National Communications Lead, a National Research Manager, and an Executive Assistant.



Systems and ways of working

With staff distributed across the country, the Alliance invested in systems to support remote collaboration. A new workflow platform was introduced to manage projects and communications, and the team met in person three times during the year – in Melbourne, Sydney and Brisbane – for strategic planning and team development.

Funding sustainability

In December 2025, the Alliance received additional grant funding through the Mid-Year Economic and Fiscal Outlook update: a one-off payment of $1.4 million to ensure full-year funding for 2026–27.

"This funding commitment reflected the organisation's increasing credibility and the recognised importance of a national consumer voice in mental health reform." Darren Munday, Chair of the Alliance's Finance, Risk, Audit & Governance Committee 2024-2026





Grassroots Power with National Reach

The Alliance strengthened its federated, consumer-led model by connecting grassroots lived experience leadership with a national advocacy agenda.

Through eight Consumer Advisory Groups and eight Affinity Groups hosted by the state and territory peak bodies, consumers and communities had funded pathways to shape nationally significant projects and influence mental health policy. This approach ensured that local knowledge, diverse community perspectives and lived expertise informed the Alliance's national priorities. "In June 2026 the Chairperson of the Alliance's Multicultural Affinity Group - Niharika Hiremath - met with the Minister for Health, Mark Butler, and the Assistant Minister for Mental Health, Emma McBride in Parliament House. This work delivered practical outcomes by translating lived expertise into influence at the highest levels of government." Priscilla Brice – CEO for the Alliance



Left to Right:

Priscilla Brice - CEO for the Alliance

The Hon Emma McBride MP - Assistant Minister for Mental Health

Niharika Hiremath – Chairperson of the Alliance's Multicultural Affinity Group

The Hon Mark Butler MP - Minister for Health

Hamza Vayani - Chairperson of Mental Health Carers Australia – Multicultural Expert Committee

Catherine Joseph - Senior Policy & Project Officer – Mental Health Carers Australia

> In June 2026 the Chairperson of the Alliance's Multicultural Affinity Group - Niharika Hiremath - met with the Minister for Health, Mark Butler, and the Assistant Minister for Mental Health, Emma McBride in Parliament House. This work delivered practical outcomes by translating lived expertise into influence at the highest levels of government.

Priscilla Brice – CEO for the Alliance

Making Lived Experience roles visible

Another significant achievement was that attained by the Western Australia Consumer Advisory Group when they turned an identified workforce data gap into a national campaign, encouraging peer workers, carers and other lived experience professionals to add "LIVED EXP" before their job title in the 2026 ABS Census so that lived experience roles can be made visible in national employment data.

Consumer-Led Conversations

The Alliance also created a national platform for this work through the Consumer-Led Conversations webinar series. Across six webinars in 2026, more than 1,000 viewers engaged with consumer-led projects from across Australia, with recordings continuing to extend their reach through the Alliance's YouTube channel. Together, these initiatives strengthened consumer confidence, amplified local leadership and demonstrated how a federated model can turn lived experience priorities into national-scale influence.



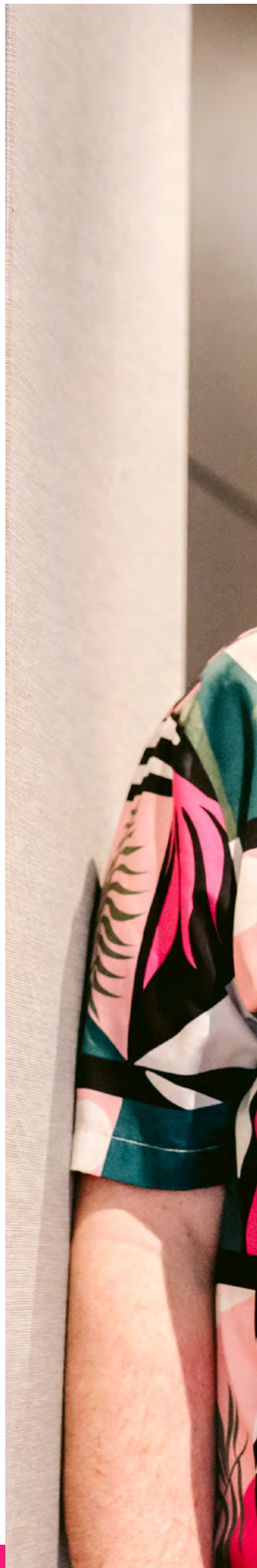
Consumer Led, Not Just Consumer Informed

The Alliance ensured consumer voices were visible and influential throughout the Productivity Commission's review of the National Mental Health and Suicide Prevention Agreement. At a critical point for national reform, we brought forward the direct experiences, priorities and solutions of people with lived experience across Australia.

Our advocacy was practical, evidence-informed and grounded in lived experience. We met with the Commission several times, responded to the Interim Report, and used our national network to test what consumers wanted from future reform.

The result was a stronger, more visible consumer evidence base at a defining policy moment. Issues raised by the Alliance were reflected in the Commission's findings, including improved accountability, better coordination across governments, and reforms that improve access, affordability, safety and effectiveness.

"By getting in early and bringing lived experience evidence to the centre of the review, we helped move it beyond a technical assessment of intergovernmental arrangements and into a real conversation about outcomes for consumers. That work has strengthened the Alliance's credibility as a national policy leader, and it puts us in a strong position to influence the next Agreement: one shaped with consumers, grounded in rights and recovery, and accountable for real change in people's lives." Vrinda Edan, Alliance Board Director and Interim Deputy Chairperson.







In Our Words - a report on what mental health consumers want from the next National Mental Health and Suicide Prevention Agreement – gave us a clear message: people want support before crisis, and they want it to be affordable, respectful, culturally safe, peer-supported, and available for as long as needed.

Not Just Responding, But Shaping Reform

The Alliance demonstrated national leadership on psychosocial disability and the future of the National Mental Health and Suicide Prevention Agreement, keeping the priorities of people with lived experience central as governments reviewed what should replace it.

We wrote a national psychosocial supports position paper on what people need outside the NDIS, proposing a nationally consistent system co-designed, co-delivered and co-governed with consumers – with joint consumer-government commissioning, consumer-embedded delivery, transparent governance and strong data collection.

Over 200 consumers contributed through a national survey and sensemaking sessions, informing our report, *In Our Words*, which set out earlier support, affordable and respectful services, culturally safe care, peer support, and support available for as long as needed.

This shifted the Alliance from responding to reform to shaping it – strengthening the evidence base, offering consumer-led models, and reinforcing that new agreements must be built with consumers as partners. It positioned the Alliance as a trusted national voice for rights-based, lived experience-led reform.

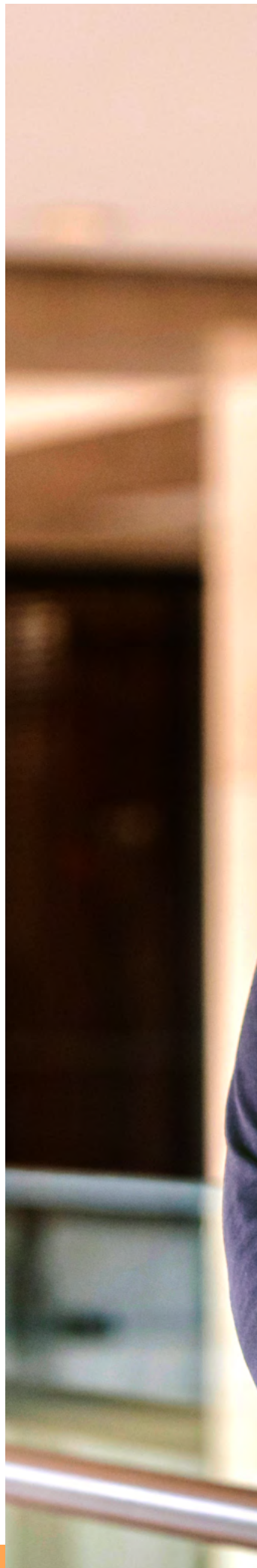
Defending Access, Protecting Choice

The Alliance responded to proposed National Disability Insurance Scheme (NDIS) changes by highlighting the risks for people with lived experience of psychosocial disability.

With major changes announced in May 2026, we moved quickly to make clear that reform must not reduce access to support, create new barriers for participants, or shift people into systems not ready to meet their needs.

Through submissions, sector engagement and collaboration with consumer peaks, the Alliance emphasised that people with psychosocial disability need supports that are flexible, relational and available before crisis. We fought against requiring all available treatments to be used prior to NDIS coverage, making this explicit before the Legislative Committee reviewing the NDIS Legislation. We also reinforced that any transition between the NDIS and foundational supports must be planned with consumers, properly funded and accountable for outcomes.

The outcome was a stronger national consumer position on NDIS reform, positioning the Alliance to continue influencing NDIS and Foundational Supports (Psychosocial Supports) reports so they are shaped by lived experience and focused on continuity, safety and choice.







Centering Human Rights in Mental Health Reform

The Alliance published Australia's first consumer-led National Mental Health Human Rights Report, turning lived experience evidence into a clear reform agenda focused on dignity, autonomy, equality, safety and freedom from coercion, and strengthening our role as the national voice for human rights in mental health.

The report showed that rights breaches are widespread and systemic, including discrimination, fear of coercion, lack of access to advocacy, barriers to care, housing insecurity and employment exclusion.

Our advocacy helped shift national discussion towards accountability and enforceable protections. We continued to support the push for a Commonwealth Human Rights Act and published *Making a Commonwealth Human Rights Act Work for People with Lived Experience of Mental Health Challenges* position paper, providing a practical framework for social change, accountability and safer services.

Through public statements, policy submissions, sector engagement and collaboration with state and territory consumer peaks, the Alliance made the case that people with lived experience must have the same rights to self-determination, participation, justice and support as everyone else.

We conducted our second National Human Rights Survey in November and December 2025, receiving more than double the responses of the first – confirming that rights breaches remain systemic and ongoing. The Alliance will publish the second National Mental Health Human Rights Report in October 2026.

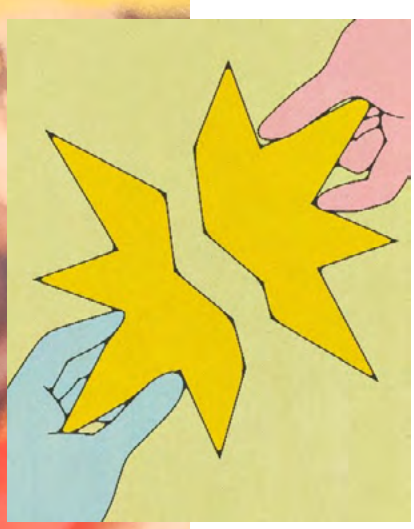


We must position human rights as central to mental health reform, not separate from service quality or system design.

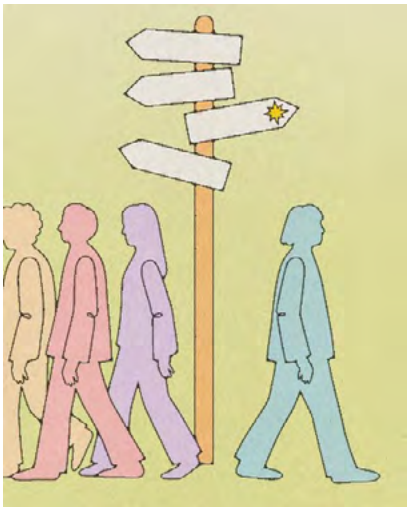


The contribution from participants is reflected in seven resources, a *Blueprint for Partnership* to support human rights-affirming practice, and the *Warm Entry Framework*, a model for how services can welcome and support people before distress escalates. The full suite of resources is available on makingrightsreal.org.au









Making Rights Real

Making Rights Real (MRR) was a twelve-month lived experience co-design project focused on bringing the rights set out in the United Nations Convention on the Rights of Persons with Disabilities (UN CRPD) into practical realities for people with psychosocial disability.

Delivered in partnership with Community Mental Health Australia, the project brought together 16 people from diverse communities across Australia. Through workshops, empathy interviews and feedback, co-designers developed a shared account of what a good life means, systemic barriers and priorities for change.

A central insight was the critical importance of relational care. Co-designers traced many harms to the presumption that people with psychosocial disability lack the capacity to direct their own lives. They also called for a shift away from controlling risk and restricting choice towards building the relationships and supports people need to exercise autonomy and live on their own terms.

An independent evaluation of MRR found that it increased participants' understanding of rights and the UN CRPD, confidence, agency, social connection and hope. Participants reported feeling heard, respected and valued. They linked these benefits to psychological safety, trust, recognition of lived experience expertise, respectful facilitation and collective reflection.



Building a National Voice for Peer Workers

The establishment of the Australian Association of Peer Workers (AAPW) in May 2026, marked the milestone achievement of the first national membership body and collective voice for Australia's mental health and suicide prevention peer workforce.

Established by the Alliance in partnership with the Indigenous Australian Lived Experience Centre and Mental Health Carers Australia, the AAPW's establishment phase is backed by government seed funding over two and a half years. The AAPW is moving through three phases: establishing the foundations in 2026, building membership and governance through 2027, and transitioning to a fully independent, sustainable national body by 2028.

Valuing our peer workers

The AAPW aims to strengthen the workforce, advocating for the recognition, rights, fair conditions and influence peer workers deserve. It is building a future where peer work in the mental health system is recognised, valued, embedded and invested in. Recruitment for the AAPW began in June 2026, building the founding team to carry out this work. Built by peer workers, for peer workers, every appointment brings deep lived experience and expertise in peer work.

> The transformative power of peer work is well documented, from real-life accounts of hope being restored to empirical studies. Yet understanding of the scope and boundaries of peer work remains inconsistent. AAPW will bring together people - peer workers and sector workforces - to shape and create that standard together.

Alex Li
AAPW Workplace Standards Lead



"It's an integral part of what we do, sharing our experiences, building that mutuality through that shared humanity, and so being questioned on our roles and being made to second-guess our role and our value really compounds that mental load, and that's one of the biggest challenges peer workers face." Peer Worker NSW

In May and June 2026, the AAPW laid the groundwork for its initial member services program – including planning and recruiting for a national Co-Lab that will deliver a suite of member services in the second half of 2026.

In this same period the foundational work took place to plan and build the new website, CRM and member portal.

Find the AAPW here: www.aapw.org.au

> The AAPW is still building, but its establishment already marks something significant: for the first time, Australia's mental health and suicide prevention peer workforce has a national voice, built on decades of advocacy, and led by peer workers for peer workers.

Danni Bament
General Manager AAPW

Financial Overview

The Alliance reported total grant income of $2,967,062 (2025: $1,592,545) for the year ended 30 June 2026, with an operating surplus of $69,700 and total net assets of $150,533.

The Alliance's primary source of funding comprises grants from Federal agencies with whom the Alliance enters into funding agreements for a period of one to three years. The Alliance's core funding contract runs to 30 June 2027. The directors believe it is appropriate that the financial report be prepared on a going concern basis.

A full copy of our Audited Financial Report is available on the Australian Charities and Not-for-profits Commission.

Statement of Profit or Loss and other Comprehensive Income for the Year Ended 30 June 2026

	2026 ($)	2025 ($)
Revenue and other income	2,173,766	1,116,110
Employee expenses	(740,818)	(323,603)
Operating expenses	(1,363,248)	(777,638)
Operating Surplus	**69,700**	**14,869**
Depreciation and Amortisation Expense	(8,277)	(3,035)
Total Non-Operating Revenue/(Expense)	(8,277)	(3,035)
Surplus after capital funding and non-operating items	**61,423**	**11,834**

$2.96m
Total Current Assets

$2.98m
Total Assets

$2.83m
Total Current Liabilities

$150k+
Total Accumulated Funds

Balance Sheet as at 30 June 2026

Current Assets	**2026 ($)**	**2025 ($)**
Cash and Cash Equivalents	2,922,651	1,767,194
Receivables	30,597	59,003
Prepayments	3,646	1,269
TOTAL CURRENT ASSETS	2,956,894	1,827,466
Non-Current Assets		
Office Equipment	19,959	7,384
TOTAL NON-CURRENT ASSETS	19,959	7,384
TOTAL ASSETS	**2,976,853**	**1,834,850**
Current Liabilities		
Payables	367,011	219,107
Contract liabilities	2,416,840	1,511,968
Leave Provisions	42,469	14,665
TOTAL CURRENT LIABILITIES	2,826,320	1,745,740
TOTAL LIABILITIES	**2,826,320**	**1,745,740**
NET ASSETS	**150,533**	**89,110**
Accumulated Funds		
Balance at 1 July	89,110	77,276
Surplus for Year	61,423	11,834
TOTAL ACCUMULATED FUNDS	**150,533**	**89,110**

$2.97m
Cash Flow from Grants Received

$1.93m
Payments to Employees and Suppliers

$1.18m
Net cash provided by Operating Activities

$2.92m
Cash at end of Reporting Period

Statement of Changes in Equity for the Year Ended 30 June 2026

	Accumulated Funds ($)
Balance at 1 July 2025	**77,276**
Surplus for the year	11,834
Balance at 30 June 2025	**89,110**
Surplus for the year	61,423
Balance at 30 June 2026	**150,533**

Statement of Cash Flow for the Year Ended 30 June 2026

Cash Flow from Operating Activities	**2026 ($)**	**2025 ($)**
Donations	41	55
Interest Received	11,645	1,205
Grants Received	2,967,062	1,592,545
Other Income	128,298	10,359
Payments to Employees and Suppliers	(1,930,736)	(973,564)
Net cash provided by Operating Activities	**1,176,310**	**630,600**
Cash Flow from Investing Activities		
Payments for plant and equipment	(20,853)	(10,419)
Net Cash (used by) / from Investing Activities	**(20,853)**	**(10,419)**
Net Increase in Cash Held	1,155,457	620,181
Cash at Beginning of Reporting Period	1,767,194	1,147,013
Cash at end of Reporting Period	**2,922,651**	**1,767,194**

Recognition of Lived Experience

As a consumer lived experience-led organisation, the National Mental Health Consumer Alliance values the skill and expertise of consumers with lived experience of mental health challenges.

We pay tribute to those we have lost for the work that they have done to advocate for our rights. We acknowledge that we stand on the shoulders of giants who have paved the way for the rights we have today, and we will continue their work today and every day until the mental health system recognises and upholds our human rights.

Nothing about us without us.

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The Alliance would like to thank all the mental health consumers who gave their consent to have their images featured in our report. Photography by Max Keene.

NATIONAL MENTAL HEALTH CONSUMER ALLIANCE



Out Of The Shadows, Into The Streets

Artwork by Lissy Elliott
Commissioned by the Alliance,
Artwork Photography by Jamie Hornsby

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